



NHS-Funded At-Home Optical Examinations

Your Comprehensive Guide to Eligibility and Benefits for 2025

Dedicated to helping older adults and individuals with mobility challenges access essential NHS-funded eye care from the comfort of home.

Why This Guide Exists

A significant number of individuals eligible for a **free NHS-funded home eye test** may not be fully aware of this invaluable provision. This comprehensive guide is designed to illuminate:

- Your eligibility criteria
- The comprehensive services included in the appointment
- What to anticipate during a professional home visit
- Guidance on how best to prepare for your appointment
- How the voucher system for prescription glasses operates

For those who encounter challenges in visiting a traditional optician's practice, this dedicated service is specifically tailored to enhance your independence and wellbeing.

Eligibility for Complimentary Home Eye Examinations (NHS Guidelines 2025)

We are pleased to provide this guide to help you determine your eligibility for a complimentary NHS-funded home eye examination. You may qualify if any of the following criteria are met:

Eligibility Based on Age and Mobility

- You are aged 60 or over.
- You find it challenging to leave your residence without assistance.
- Undertaking travel presents a *considerable effort* due to:
 - Mobility limitations
 - Recognised disabilities
 - Persistent illnesses
 - Cognitive impairments
 - Recovery following a surgical procedure
 - Experiences with anxiety or other mental health conditions

Medical Considerations

- Living with diabetes.
- Diagnosed with glaucoma or at risk of developing glaucoma.
- Possessing existing eye conditions that require regular monitoring.
- Residing in a care home or a supported living environment.

Financial Support and Entitlements

You are entitled to a complimentary NHS sight test (whether in a clinic or at home) if you are a recipient of:

- Pension Credit (Guarantee Credit)
- Universal Credit (subject to specific conditions)
- Income Support
- Income-based Jobseeker's Allowance (JSA) or Employment and Support Allowance (ESA)
- Working Tax Credit (income-based)
- An HC2 or HC3 certificate

Comprehensive Home Eye Test Services

A registered visiting optometrist will conduct a professional and thorough eye examination in the comfort and familiarity of your own residence, providing an array of essential services designed to maintain your ocular health and wellbeing:



A comprehensive NHS sight examination tailored to your individual needs



Precise verification of your current prescription



A thorough ocular health assessment, diligently checking for conditions such as cataracts, glaucoma, and age-related macular degeneration (AMD)



Expert guidance and personalized advice on proactive measures for preserving your precious vision



Detailed written findings and professional recommendations following your examination

This invaluable service is provided completely without charge to all eligible individuals, ensuring access to high-quality eye care where it is most needed.

Understanding Your Home Eye Examination Visit

Your comprehensive home eye examination is designed to take approximately **30 to 45 minutes**, ensuring a thorough and unhurried assessment.



Warm Welcome and Preparation

The visiting optometrist will arrive at your residence, extending a warm greeting before courteously preparing the necessary, state-of-the-art equipment for your comfort and convenience.



Personalized Health and Vision Consultation

A comprehensive discussion will ensue regarding your health history, current medications, and any specific visual concerns you may have, ensuring a tailored approach to your examination.



Thorough Ocular Assessment

- A precise evaluation using an advanced vision chart.
- A meticulous check of your current prescription.
- An in-depth scan to assess your ocular health.
- A gentle test to determine light sensitivity.



Clear Explanation of Results

The visiting optometrist will take the time to clearly articulate the findings of your examination, ensuring you fully understand your ocular health and visual acuity.



Guidance on Subsequent Steps

Following the assessment, you will receive expert advice and a personalized plan for any necessary follow-up care, supporting your eye health and independence.

We are pleased to assure you that the modern equipment utilized is fully portable, operates quietly, and requires no special preparation from your side, allowing for a seamless and comfortable experience.

Guidance on Your Spectacle Options



For those who may be eligible, an **NHS optical voucher** offers significant support, which can:

- Cover the **entire cost** of your new spectacles, or
- Substantially reduce the overall expense.

The visiting optometrist will be pleased to explain the voucher's value and how it may be utilized for your benefit.

An Important Consideration: Please be assured that you are under no obligation to acquire your spectacles from the visiting optician. You retain the complete freedom to make your purchase from any preferred provider.

Preparing for Your Comprehensive Vision Assessment



Your Current Eyewear
Please have your current spectacles or contact lenses readily available for review during your appointment.



Document Vision Concerns
Kindly make a note of any recent changes in your vision or any specific visual challenges you may be experiencing.



Medication List
A comprehensive list of all prescribed and over-the-counter medications you are currently taking would be greatly appreciated.



Optimal Lighting
Ensuring the examination area is well-illuminated will greatly assist in the thoroughness of your assessment.



Accompanied by a Companion
You are most welcome to have a trusted friend or family member accompany you, should their presence provide comfort or assistance.

Clarifying Common Misconceptions

We understand that there may be questions regarding the convenience and quality of at-home eye care. Allow us to address some prevalent misunderstandings with clear, factual information, designed to ensure your peace of mind and informed decision-making.

✗ "One must be entirely confined to home to qualify for a visit."

✓ **Fact:** Eligibility is often extended to individuals who find traveling to an optician's office challenging, uncomfortable, or impractical, even if they are not strictly bedbound.

✗ "The eye examination conducted at home is less comprehensive than one performed in a clinic."

✓ **Fact:** Qualified visiting optometrists use state-of-the-art portable equipment, ensuring the thoroughness and diagnostic precision of your at-home examination are fully comparable to in-clinic standards.

✗ "There is an obligation to purchase eyewear directly from this service."

✓ **Fact:** You retain complete freedom to select and procure your eyeglasses or contact lenses from any provider of your choice, with no obligation to purchase from this service.

✗ "Determining eligibility for an at-home eye test is a complex and time-consuming process."

✓ **Fact:** The streamlined process allows you to verify your eligibility swiftly, typically within a mere 60 seconds, ensuring immediate clarity and convenience.

The Enduring Value of Regular Ophthalmic Care

50%

of potential vision impairment is often preventable with diligent and early detection.

Proactive measures are key to preserving this precious sense for older adults.

The comprehensive in-home ophthalmic assessments provided are meticulously designed to detect and monitor conditions such as:

- Cataracts
- Glaucoma
- Age-related Macular Degeneration (AMD)
- Diabetic eye changes
- Prescription deterioration (a factor in preventing falls and enhancing mobility)

Discover Your Eligibility for Distinguished Home Eye Care

We warmly invite you to visit the dedicated portal:

HomeEyeCheck.com

Kindly respond to a brief series of questions to ascertain your qualification. Should you meet the criteria, a qualified visiting optometrist will promptly contact you to coordinate a consultation at your utmost convenience.

We are not the NHS. We help people check eligibility and arrange NHS-funded home eye tests with registered visiting optometrists. Your details are handled securely and never shared without consent.